

SPA MENU

We welcome you to the <u>nissispa</u> and invite you to visit us for personalised face and body treatments. Our therapies are performed by certified therapists and are designed for health, beauty, relaxation, and rejuvenation.

All the NissiSPA therapies address guests' increasing desire for simple, effective and authentic spa experiences. Developed in combination with specialists in Ancient Greek Medicine, Naturopathy and Aromatherapy ensures the harmony between body, mind and soul. We only use products made from natural ingredients, essential for optimal skin treatment results, that will penetrate your skin, face and body.

Apart from offering beauty services for special relaxing, detox, rejuvenating and anti-aging holistic therapies, NissiSpa also features hydrotherapy, an indoor pool, sauna and steam bath, as well as a fitness centre and a hair salon.

Our spa will not only revitalize your body, but rejuvenate your soul.



nissiSPA



FACIAL TREATMENTS

aegli 🕸 organics



Individual facial treatment based on precious organic herbs, oils and extracts hydrates and rejuvenates all skin types.

Suitable for all skin types, for men and women.

PRE - SUN WELCOME TREATMENT 60 MIN. €70

For purification and antipollution based on fruit enzymes, organic herbs and hyaluronic acid regenerates the skin cells and restores the metabolic system of the skin. It protects the skin against sun exposure, moisturises and firms the skin.

Suitable for all skin types, for men and women.

PRE - SUN HOLISTIC PROTOCOL 70 MIN. . €80

Thirst relief facial therapy, which revitalises and recovers the dehydrated skin. Based on coconut, arnica, sambucus, chamomile, aloe, cucumber and low molecular hyaluronic acid. Protects the skin and relieves inflammation, bringing a smooth texture and giving a cool, calm sensation.

Suitable for all skin types, for men and women.

AFTER SUN RELIEF AND REPAIR 40 MIN. €50

Thirst relief facial therapy, which revitalises and recovers the dehydrated skin. Based on coconut, arnica, sambucus, chamomile, aloe, cucumber and low molecular hyaluronic acid. Protects the skin and relieves inflammation, bringing a smooth texture and giving a cool, calm sensation.

Suitable for all skin types, for men and women.

DEEP EXOTIC DETOX 60 MIN. · €75

Natural detox facial therapy which brightens the skin and brings out its radiance. A unique combination of Indian shikakai, gypsophila and soap berries. Plants, which are very rich in saponins, and exfoliating fruit enzymes, stimulate dull skin and activate microcirculation. It provides the perceived skin purification and rejuvenation with instant effect.

Suitable for oily and combination skin.



Aegli was Asclepius' mythical daughter, symbol of Glow, Radiance and Beauty, resulting from good health.

Aegli-Premium Organics is a Greek company inspired by the enchanting Greek flora and the inexhaustible global biodiversity. We are constantly searching for valuable organic active ingredients from all over the world, thoroughly testing these, both in laboratory and clinically used methods.

The natural raw materials of Aegli-Premium Organic cosmetics, plants and herbs, come from organic farms, produced and certified in compliance with international regulations for the production and certification of organic products.

Organic cosmetics contain none of suspicious substances. On the contrary, they present the highest levels of antioxidants, which thanks to their active ingredients can prove equally and even more effective than common cosmetic products.

NISSI-SPA MENU was created by Dr Errika Papavenetiou, Greek Homeopath-Holistic Nutritionist-Medical Doctor, in cooperation with chemist-cosmetologist and natural healers. It is inspired by the global need for pure beauty, protection of the human body and the environment and essential euphoria.

AEGLI PRODUCTS DO NOT CONTAIN: Parabens, Mineral oil,
Petrolatum/Parafin wax, Silicones, Propylene Glycol, PEG, SLES, ALES,
Sulfates, EDTA, Phthalates, Alcohol, BHT/BHA, Imidazolidinyl Urea,
Diazolidinyl Urea, Acrylates, Carbomer, Aluminum, Ethanolamines,
Triclosan, Synthetic fragrances, Genetically modified ingredients.

All products are dermatologically tested without testing on animals, and are vegan approved.



SUPER FOODS DETOX RITUAL 70 MIN. . €80

Gentle detox treatment for sensitive and reactive skin.

Matcha green tea, cocoa, exotic basil and five flavor berries tone, balance and control the skin. Feel the power of nature and relax, in both, mind and your stressed skin.

Suitable for sensitive and normal skin.

AEGLI DEEP HYDRATING 60 MIN. · €75

Deep facial skin hydration based on organic herbs and extracts, bio-cellulose technology and low molecular hyaluronic acid. Rejuvenates and repairs the dehydrated skin, restores the metabolic system of the skin and reduces fine lines. Your skin regains its hydration, restores its brightness and has a smooth texture!

Suitable for all skin types, for men and women.

MEDITERRANEAN LIGHT TREATMENT | 60 min. | €70

Hydration, lightening and anti-aging therapy with a strong complex of acerola, orange, berries, avocado, sunflowers, vitamin C and hyaluronic acid. Brighten and protect your skin whilst feeling and enjoying safely the benefits of the Mediterranean sun.

Suitable for all skin types.

MOTHER EARTH'S YOUTH ESSENSE | 75 min. | €90

Triple action holistic therapy with exfoliating, antioxidant and antiaging action. Pineapple and mango enzymes stimulates cell renewal, acerola and orange enhances skin cohesion and offering instant luminosity. Super foods and coconut create a protective environment and increasing the moisture of the skin by up to one hundred times. Feel the unique velvety texture and a pleasant lifting effect!

Suitable for all skin types, perfect for more mature skin.

APHRODITE'S PURE BEAUTY PATH | 70 min. | €80

Advanced anti-aging treatment, based on rose and myrtle, holy plants of Goddess Aphrodite. Antioxidant seeds like grapeseed, apricot, olive and pear refine skin texture, and low molecular hyaluronic acid activates pro-collagen production and enhance skin cohesion. Improve firmness, resilience and elasticity, making it the ideal way to feel essential euphoria!

Suitable for all skin types, perfect for the first signs of time.

OPEN EYE EXPERIENCE | 40 min. | €40

An instant "eye-opening" experience based on organic rose, coconut and hyaluronic acid swiping away signs of age and fatigue. Thanks to the synergy of arnica, sambucus, chamomile, cucumber, hesperidin and hyaluronic acid, the skin is brightened and reveals its radiance.

Prevent the appearance of fine lines and experience a pleasant lifting effect!

Suitable for all skin types, for men and women, can be integrated into another treatment.

PREGNANCY FACIALS

NEW MAMA HYDRATING & LIGHTENING | 50 min. | €65

Nourishing and hydrating treatment based on organic extracts and low molecular hyaluronic acid. Rejuvenates and repairs the stressed skin, restores the lymphatic system of the skin and reduces fine lines. Your skin is calm, regains its hydration, and has a smooth texture!

Suitable for all skin types.

NEW MAMA NATURE CLEANSING | 70 min. | €75

Gentle cleansing treatment for sensitive and reactive skin.

Organic super foods in a healing mask control, balance and tone the skin. Feel the wisdom of nature, restore your brightness and relax, in both, body and mind.

Suitable for all skin types.

SPECIAL FOR MEN

SUPER FOOD DETOX | 50 min. | €65

Detoxifying skin therapy based on super food enzymes, ginseng and berries. Gently exfoliates, healing damages, protects and tones the skin. Harmonises and relaxes your stressed skin and mind!

MOTHER NATURE RITUAL | 70 min. | €75

Protective, radiance and antiaging treatment based on Macha green tea, Cocoa and Ginseng, refreshes and boosts the resilience of the skin. Feel a truly rejuvenating smoothing result, and relax your senses in an authentic way, organically wise!



THALGO BODY TREATMENTS



A pioneer in marine scientific research, THALGO invites you on a unique sensory experience at the heart of the oceans. Drawing on over forty years of skincare expertise, THALGO SPA rituals cleverly bring together beauty results and deep relaxation. Surrender to the pleasure of our exclusive massages combining exquisite traditional techniques with the latest innovative practices. Pampered in luscious, enveloping textures, you will drift away amidst heavenly fragrances - take the time to escape to one of our enchanting destinations. A journey suspended in time, a moment of pure bliss and absolute serenity for the body and mind...

THALGO PURIFYING-EXFOLIATING TREATMENTS

Inspired by the sea, THALGO scrubs combine sea salt with nourishing plant oils, giving them their extremely sensory texture. This unique combination is the secret of their gentle exfoliating effectiveness.

MARINE BODY POLISH 1 30 MIN. 1 €35

Gentle and efficent cream body scrub for all skin types, even the most sensitive.

MARINE PRELUDE | 60 MIN. | €70

A deeply sea salt body scrub with detoxifying and remineralising Dead Sea mud combined.

THALGO DETOXIFYING AND REBALANCING TREATMENTS

A concentration of the invigorating benefits of the ocean, this blue lagoon scrub combines the unique exfoliating power of sea salt with nourishing oils, to reveal a refined skin texture, velvety to the touch. Its marine notes delicately scent the skin, while providing a moment of well-being.

MARINE ALGAE BODY WRAP · THALGO PATENT 60 MIN. I €75

The ultimate "thalassa" body wrap, this 100% pure and natural algae cream (focus, laminas, lithothamnium) is recommended for getting back into shape and is particularly effective for starting a slimming programme.

AROMAOCEANE MUD TREATMENT 60 MIN. I €65

Since ancient times, this unique mud, 100% pure and natural, has been renovned for its strong concentration of minerals (calcium, magnesium, iron etc). An ideal treatment programme for getting back into shape or preserving the beauty of your skin.

WARM MINERAL PASTE 50 MIN. 1 €55

Kicks-off slimming. Anti-cellulite thanks to laminaria algae and pine essential oils. Recommended when starting a slimming course to soften localised areas of cellulite.

COOL MINERAL GEL 45 MIN. I €50

Draining action thanks to fucus algae and cooling mint essences.

Recommended when starting a slimming course for light and slender legs.



RITUALS

Ultimate fulfilment from the heart of the Oceans, THALGO Spa Rituals are truly unique sensory experiences. Exclusive massages inspired by ancestral techniques, melting and enveloping textures and divine scents offering an escape to an enchanting destination.

MER & SENSE | 120 MIN. | €125

Face and Body Hot Stones

Enjoy the journey to the world of ultimate relaxation! An original ritual in 2 steps: sea salt and algae scrub with hot basalt stones, followed by a complete face and body massage with warm volcanic stones.

The smoothness, roundness and heat of the stones invite deep sleep and relaxation.

INDOCEANE SPA RITUAL I 120 MIN. I €115

Close your eyes and be drawn into a dream of serenity on a Far Eastern journey. From stopover to stopover, divine scents and colours combine with the richness of the sea.

- **Mediterranean stopover**, prelude with citrus flavours: Sweet and Savoury Body Scrub
- Egyptian stopover, relax on the Nile: Precious Milk Bath
- Indian stopover, tranquillity on the Sacred Ganges: Indocéane Indian Massage
- Chinese stopover, temple of Beauty: Silky Smooth Body Wrap

POLYNESIA SPA RITUAL I 100 MIN. I €95

Relax and beautify to the rhythm of reinvented ancestral practices... Four sensory stopovers in the Polynesian atolls, from which the body returns detoxified, refreshed and relaxed.

- Stopover in Tahaa, the Vanilla Island: Exotic Island Body Scrub
- Stopover in Manihi, the Lagoon Island: Lagoon Water Bath
- Stopover in Bora Bora, the White Sand Island: Mahana Massage
- **Stopover in Raiatea**, the Sacred Island: Take advantage of this wonderful last stopover to adorn your skin with beautiful iridescent pearls



ANTI STRESS MASSAGE | 60 MIN. | €70

A non-oil therapeutic massage using a composition of Aegli Organic products; formulated with essential oils, vitamins and powerful antioxidants helps to repair the skin and alleviate stress; a great hydration and rejuvenation treatment.

THERAPEUTIC MASSAGE | 1 55 MIN. | €60

A medium to stronger pressure massage, tailored to everyone's individual needs. Helps to ease aches and pains and leave you totally relaxed.

THERAPEUTIC BACK MASSAGE 1 30 MIN. 1 €40

A medium to stronger pressure massage for the back, neck and shoulders, tailored to everyone's individual preference.

INDIAN HEAD MASSAGE 1 40 MIN. 1 €45

An ancident traditional treatment that relieves tension from shoulders, neck, head and face.

AROMATHERAPY MASSAGE | 60 MIN. | €65

A holistic massage for complete relaxation, using quality pre-blended essential oils to suit individual needs.

REFLEXOLOGY | 40 MIN. | €50

A gentle treatment that uses pressure on reflex areas of the foot. Reflexology works on the principle that all our organs are represented in the feet. By working on these points, our therapist can help to rebalance and obtain harmony for body and mind.

FOOT AND LEG MASSAGE 1 30 MIN. 1 €35

A revitalising treatment perfect for tired or jet-lagged feet and legs. The rhythmic movements of the massage will help stimulate the blood flow and relieveany tension and stress felt from the strained areas of the feet and legs.



LYMPHATIC MASSAGE | 55 MIN. | €65

This slow, gentle massage stimulates the lymphatic system and blood circulation to enable the free flow of the lymph glands to help clean the body of wastes and toxins.

DEEP TISSUE MASSAGE | 60 MIN. | €70

Deep tissue massage is a type of massage aimed at the deeper tissue structures of the muscles. A powerful surge to invigorate and recharge.

Wind down and release tension of the day.

SPOR, TS MASSA GF | 55 MIN. | €75

This treatment is suited for those who need a more intense massage. It combines acupressure techniques, along with stretching, compression and friction for a deeper tissue treatent and is ideal for those who exercise regularly.

ANTI-CELLULITE MASSAGE | 35 MIN. | €55

This massage is designed to tone the skin, eliminate toxins, increase blood circulation, stimulate the lymphatic system and reduce the appearance of cellulite.

FUSION MASSAGE | 1 HR. 20 MIN. | €85

Specially adjusted to each individual needs - a special treatment with techniques aiming in relieving from all muscuar stiffness, pain and stress.

HOT STONE THERAPY | 1 HR. 20 MIN. | €85

Hot stone massage is a unique treatment of heated volcanic stones applied with pre-blended oils to the body in ways that relieve sore and stiff muscles, releasing tension to bring about tranquility and a more balanced flow of energy.

THAI YOGA MASSAGE | 1 HR. 30 MIN. | €85

Traditional Dry Thai Massage increases blood circulation, known as yoga for two, releases total tension and stiffness, realigns the energy channels and stimulates the internal organs with pressure point techniques.

ONE DAY PACKAGES

TOP TO TOE FEEL GOOD FACTOR FOR THE WHOLE BODY! €120

Aegli organic mini-facial • Marine algae body wrap • Pedicure

TEEN DREAM A PERFECT INTRODUCTION TO RELAXATION AND SKIN CARE! €105

Sauna or steam bath • Aegli • Body peeling
Anti-stress back massage • Marine algae body wrap • Pedicure

STRESS RECOVERY DAY PROGRAMME €115

Aquaaroma relax hydrotherapy bath • Aromaocean mud treatement • Aegli organic deep hydrating facial treatment

FOR THE COUPLE PERFECT RELAXATION FOR BOTH OF YOU! €85

Jacuzzi, sauna or steam bath • Back & neck massage for two

TWO - DAY PACKAGES

YOUTHFUL RADIANCE BECAUSE YOU ARE AS YOUNG AS YOU FEEL €150

Aegli Mediterranean light treatment • Aegli open eye experience • Luxury Spa manicure and pedicure • Aromaoceane relax hydrotherapy

SYMPHONY OF TREATMENTS FOR TWO €325

Jacuzzi, sauna or steam bath • Two aromaoceane body mud treatments • Two aromatherapy relax massages • 2 Aegli mini facial treatments



THREE - DAY PACKAGES

A DREAM OF A DETOX €325

Aguaroma relax hydrotherapy bath • Marine prelude • Aromatherapy massage detox • Steam bath • Marine algae body wrap • Limphatic massage • Aguaroma relax hydrotherapy bath • Aromaocean mud treatment • Aromatherapy massage detox

FIVE - DAY PACKAGES

CLEOPATRA'S VELVET €375

Aguaroma relax hydrotherapy bath • Marine prelude • Aromatherapy relax massage • Aegli facial treatment • Steam bath • Marina algae body wrap • Food and leg massage • Steam bath • Mer & Sense face and head hot stones • Aguaroma relax hydrotherapy bath • Relexology

INTEGRATIVE SLIMMING

THALGO SLIMMING TREATMENTS CONCENTRATIONS OF EFFICACY FOR A RESHAPED FIGURE

PERFECT SCULPT MASSAGE 1 30 MIN. 1 €45

The Perfect Sculpt massage, a true mark of THALGO'S professional expertise, is a succession of deep and effective maneuvers created to lastingly dislodge both cellulite and stubborn fat, while restoring skin tone.

HIGH PRECISION SLIMMING SHAPING TREATMENT 1 45 MIN. 1 €65

The first corrective treatment of the two types of fat - superficial and deep - known to cause cellulite dimpling, excess fat and skin slackening. A concentration of high-performance and efficacy, thanks to its exclusive Perfect Sculpt massage and its original body wrap with Active Oxygen. The silhouette is visibly reshaped. Cellulite dimpling is significantly smoothed.

WAXING

EYEBROW LINE WAX		€10
HALF LEGS WAX	1	€20
FULL LEGS WAX	1	€25
FULL LEG AND BIKINI LINE WAX	1	€30
BIKINI LINE WAX		€8
UNDER ARM WAX		€8
ARMS WAX	١	€15
CHIN WAX	1	€7
UPPER LIP WAX	١	€6
BACK WAX		€30
CHEST WAX	1	€25

EYES

EYEBROW TINT	€10
EYELASH TINT	€15
EYEBROW & EYELASH TINT	€20
EYEBROW LINE SHAPING	€10
EYELASH LIFT	€50



NAILS

MANICURE	€25
SPA MANICURE (hand & arms aromatherapy massage with polish & mask)	€35
PERFECT GEL MANICURE	€45
PEDICURE	€30
SPA PEDICURE (legs & feet aromatherapy massage with polish)	€40
NAIL EXTENSIONS (gel or acrylic)	€70
NAILS WITHOUT EXTENSION & IN-FILLS (gel or acrylic)	€55
RESHAPE & POLISH	€10
NAIL EXTENSIONS PERFECT GEL	€35
MAKE-UP	

| €50

| €90

| €60 **BRIDAL MAKE UP**

BRIDAL MAKE UP (including trial)

MAKE-UP

OTHER SPA-FACILITIES

STEAM & SAUNA | 30 min. | €5 per person | 60 min. | €8 per person | 90 min. | €10 per person

JACUZZI (ESSENTIAL OILS, MARINE ALGAE OR DEAD SEA SALTS)

30 min. | €12 per person

JACUZZI IN COMBINATION WITH SAUNA / STEAM BATH

60 min. | €10 per person 90 min. | €17 per person

HAIR SALON LADIES

WASH / CUT | from €25 WASH / BLOW DRY | from €20 - €28 WASH / CUT / BLOW DRY | from €40 **COLOUR & BLOW DRY** | €50 COLOUR / CUT / BLOW DRY | €60 HIGHLIGHTS FULL HEAD | from €90 CONDITIONING TREATMENT | €18 WEDDING UPDO (guests) | from €40 - €60 WEDDING STYLES (bridesmaids) | from €50 - €60 **BRIDE UPDO** | €85

GENTLEMEN

WASH / CUT / STYLING | €20 **HEAD SHAVE** | €15

CHILDREN (UNDER 5 YEARS OLD

WASH / CUT | €10

For reservations Hotel guests - call no. 16 Non-hotel guests - call 23 723 916

GENERAL

- Swimwear is compulsory in steam, sauna and pool areas.
- Please do NOT add oils or other products to the sauna and steam room without first speaking to a member of staff.
- Food and drinks should not be brought into the Spa for consumption during your visit. Refreshments are available at the Spa.
- Kindly shower before your Spa treatment.
- If you have a gift voucher, please remember to bring this with you on the day to hand to the Spa-reception
- All facilities are subject to availability.
- The Spa cannot accept responsibility for loss of any personal belongings.
- Prices are inclusive of all taxes and V.A.T
- This price list is subject to change by the Hotel at any time.

ARRIVAL TIME

Please check in at the Spa reception 15 minutes before your treatment in order to complete the required health and lifestyle consultation form after which you will be escorted to your treatment room. Out of respect for other client's reservations, we advise you that we are unable to extend your time due to late arrival and that your treatment time will be reduced or amended accordingly without refund.

DRESS CODE

Please arrive at the Spa reception wearing the bathrobe provided in your room. Alternatively, we will provide you with bathrobe, slippers and disposable underwear in the treatment room. Nudity is not permitted, and your therapist will use suitable towel draping at all times during treatments.

MOBILE PHONES

Silence, like all things in our Spa, is golden. Please respect the tranquil environment of the sanctuary and refrain from bringing mobile/smart phones.

HEALTH CONDITIONS

Please inform us if you have any injuries, physical ailments or allergies that may contraindicate spa treatments or may require modification in order to ensure your comfort and well-being.

During treatments, please let your therapist know if you have any concerns or experience any discomfort. Your care is our greatest priority.

CHII DREN

We regret that the Spa and its facilities are not available to children under the age of 16 years old.

CANCELLATION POLICY

Please ensure you inform us of any treatment cancellation 12 hours prior to your scheduled appointment in order to avoid a 50% cancellation fee. Failure to give the required notice and failure to turn up for your appointment will incur a 100% charge of the reserved treatment.

PAYMENT

All treatments may be paid for in cash, credit card or may be charged to your room prior to your treatment at the Spa reception.

OPENING HOURS

Every day 10:00 – 20:00 For Nissi Spa appointments, please call:

Tel: +357 23 721021 (ext.13)

or email us at spa@nissi-beach.com.cy



